

University of Pretoria Yearbook 2019

Coaching professionalism 151 (JXP 151)

Qualification	Undergraduate
Faculty	Faculty of Education
Module credits	8.00
Programmes	Higher Certificate Sport Science Education
Prerequisites	No prerequisites.
Contact time	3 practicals per week, Online hybrid supported
Language of tuition	Module is presented in English
Department	Humanities Education
Period of presentation	Quarter 1 or 2 or 3 or 4

Module content

Development of coaching strategies informed by coaching philosophies to prepare for life; especially for self-autonomy and to become responsible citizens in democratic South Africa. The aim of this intervention is to equip every coach to exercise coaching the “complete” athlete; on the sports field, during practice sessions and competitions and beyond for life.

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